

# Charmline®



THIS MUST BE READ AND UNDERSTOOD BEFORE USING THESE TRESTLES

## TRESTLE SAFETY SHEET

MODEL NO: CSL1400A/CSL1410A

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## WHAT THIS SHEET IS ABOUT

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The information contained in this sheet is essential reading for users of Clarke trestles.

Its function is to give you important instructions for safe 'working at height', where there is a risk of a fall that could cause personal injury.

**NOTE:** Working at height is work in any place, including a place at, above or below ground level, where a person could be injured if they fell from that place. Access and egress to a place of work can also be work at height. Examples include working on trestles.

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## REQUIREMENTS FOR USING TRESTLES

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Any work at height needs to be planned in advance of the work activity.

1. In considering if a trestle is suitable for the job, you must make sure that the trestle is:
  - **NOT OVERLOADED DO NOT EXCEED THE MAXIMUM LOAD STATED ON THE TRESTLE.**
  - **ONLY USED ON A FLAT, LEVEL STABLE GROUND.**
  - of a sufficient width for the work being done.
  - free from trip hazards or gaps through which persons or materials could fall;
  - kept clean and tidy, e.g. do not let mortar or unwanted material build up on platforms;
  - not loaded in a way that could increase the risk of collapse or cause deformation that could prevent safe use. This is particularly relevant for trestles loaded with blockwork;
2. Do not use the trestle where the user can fall more than 4.570m from the working platform
3. Trestles should only be used for light work of short duration – a stronger assembly is to be used if longer periods are anticipated.
4. Working platforms must be adequate for the weight being applied and can be either a minimum of two 230 mm scaffold boards or an appropriate staging.
5. Maximum span must not exceed: 1.370m with 38 mm thick boards or 2.440m with 50 mm thick boards.

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## TRAINING

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You should be aware of the safe systems of work when working at height and understand the principles of fall prevention.

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## TRESTLE CHECKLIST

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Users must do the following checks each time the trestles are used, if there is any doubt, do not use the trestles.

- Are the trestles and any boards used, free of defects?
  - Are the trestles and any boards used, of sufficient strength?
  - Are the trestles set on a firm and level base?
  - Are the height locking pins secure?
  - Is the maximum load shown and being complied with?
  - Is safe ladder access provided?
  - Are there risks that can be foreseen and are they being addressed, for example tying the trestle to an adjacent structure?
  - Are the environmental conditions suitable for working at height? (Wind, Rain, Cold, Ice, Slippery, Heat, Glare, etc)
  - Is personal protective equipment (PPE) such as a hard hat, suitable boots, available and being used.?
  - Are barriers/warning signs necessary to prevent unauthorised access to the area?
  - Do not stand on the overhanging part of the boards.
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## SPECIFICATION

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	CSL1400A	CSL1410A
<b>Maximum Weight Load (Per Pair)</b>	<b>175 kg</b>	<b>500 kg</b>
Support Width	730 mm	1100 mm
Height Range	660-930 mm	995-1410 mm

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